

1、进入>>【MPS 论坛活动发布板块】后，点击页面顶端“登录”按钮，登录/注册 MPS 论坛；

The screenshot shows the MPS Forum homepage. At the top, there's a blue header bar with the MPS logo, a search icon, and a menu icon. Below the header, there are navigation links for '电池管理' (Battery Management), '全部' (All), '最新' (Latest), and '热门' (Hot). On the left, there's a sidebar with the MPS logo and the text '话题'. On the right, there are buttons for '回复' (Reply), '浏览' (Browse), and '活动' (Activities). The main content area has a blue header 'MPS 技术论坛' and a '登录' (Login) section. It asks users to log in with their MPS account. There are fields for '邮箱' (Email) and '密码' (Password), a '登录' (Login) button, and a '您忘记密码了吗?' (Forgot password?) link. Below this, it says '如果您还没有账号，请点击下方创建账户' (If you don't have an account, click here to create one) and a '创建账户' (Create Account) button.

2、登录 MPS 论坛后，点击“新建话题”，根据活动要求，创建话题，发新帖即可。

The screenshot shows the MPS Forum homepage again, but this time with a red box highlighting the 'Create New Topic' input field and the rich text editor toolbar below it. The input field contains the placeholder text '用一句话概括讨论内容...' (Summarize the discussion content in one sentence...). The rich text editor toolbar includes icons for bold, italic, underline, etc. Below the input field is a text area with the placeholder '在此处输入。使用 Markdown、BBCode 或 HTML 进行格式化。拖动或粘贴图片。' (Input here. Use Markdown, BBCode or HTML for formatting. Drag or paste images.). At the bottom of the page, there are buttons for '+ 创建话题' (Create Topic) and '取消' (Cancel).